

MONTYS



MENU

(A) Alcohol (D) Dairy (E) Egg (G) Gluten (N) Nuts (SF) Seafood (SE) Sesame (SOYA) Soya (V) Vegetarian
All prices are in Dirhams, the prices are inclusive of 10% municipality fee, 10% service charge, 5% Value Added Tax



Use your Upoints to pay for your bill. Ask one of our team members.

Menu in Arabic is Available Upon Request

القائمة متوفرة باللغة العربية عند الطلب

Mini Crab Cakes (D) (E) (G) (S) Mango Salsa	47 470 Upoints
Crispy Squid (E) (G) (S) Lime Aioli, Spicy Tomato Dip	47 470 Upoints
Beef Mini Burgers (D) (G) Blue Cheese and Caramelized Onions	47 470 Upoints
Scented Truffle Fries (D) (V) Parmesan Cheese	47 470 Upoints
Coriander and Chili Lamb Skewers Soy Vinegar Dip	42 420 Upoints
Grilled Halloumi Cheese (V) Olives, Tomato Sumac Salad	37 370 Upoints
Mini Falafels (G) (V) Hummus and Tahina	37 370 Upoints
Crispy Chicken Lollipops (N) Hazelnut, Cilantro and Sweet Chili	42 420 Upoints

MONTY'S EXPRESS TO GO

Chicken Club (D) (E) (G) Layered Grilled Corn-Fed Chicken, Veal Bacon, Fried Egg, Avocado, Lettuce and Tomato	90 900 Upoints
Crispy Chicken BLT Wrap (D) (G)	84 840 Upoints

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Corn-Fed Chicken, Sriracha Mayo

Burrata and Roasted Capsicum Sandwich (D) (G)

Tomato Aioli, Ciabatta Bread

84|840 Upoints

Tuna Salad Sandwich (G) (S)

Confit Tuna, Shallots, Capers and Boiled Egg with Lemon Aioli and Avocado

79|790 Upoints

MONTY'S BBQ

Available on Friday and Saturdays

289|2890 Upoints

Mixed Grilled Platter

Organic Grain-Fed Ocean Beef Tenderloin, Chimichurri

Beef Short Ribs on the Bone

Gremolata

Beef Sausage

Tiger Prawns

Sriracha Butter

Atlantic Salmon with Garlic and Lemon

served with Burrata and Balsamic Tomatoes, Hummus, Olives, Arabic Bread, Smashed Avocado Salad, Parmesan Fries and Chili Butter, Corn on the Cob

Whole Grilled Lobster

173|1730 Upoints

Tomahawk Steak

1200gms Rib Eye on the Bone

392|3920 Upoints

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All day breakfast

Full Works (G)(E)

Two Eggs Any Style, Veal or Turkey Bacon,
Chicken Sausage, Hash Browns Potato and Baked Beans

68|680 Upoints

STARTERS

Heirloom Tomato and Grilled Polenta (D) (G) (V)

Blue Cheese, Balsamic Thyme Vinaigrette

84|840 Upoints

Roasted Beetroot with Fresh Burrata (D) (N) (V)

Burnt Orange Marmalade Vinaigrette, Roasted Pistachio

95|950 Upoints

Market Kale and Black Quinoa Salad (N) (V)

Grilled Asparagus, Roasted Plum Tomato, Radish, Carrot, Sunflower Seeds,
Cashew Nuts, Edamame, Honey Soy Balsamic

84|840 Upoints

Green Lentils and Caramelized Pears Salad (D) (N) (V)

Seared Halloumi, Hazelnut, Pomegranate Balsamic

78|780 Upoints

Mango and Flank Steak Salad

Garlic and Lime Marinated Beef, Green Onions, Enoki Mushrooms, Red Cabbage,
Mix Greens with Basil Sweet Chili

84|840 Upoints

Classic Caesar Salad (D) (E) (G) (SF)

Hearts of Romaine Lettuce, Shaved Parmesan, Turkey Bacon,
Semi-Dried Plum Tomato and Garlic Croutons

68|680 Upoints

with Chicken

73|730 Upoints

with Prawns (S)

84|840 Upoints

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Chicken Avocado Quesadillas (D) (G) 78|780 Upoints
Served with Guacamole and Chipotle Sour Cream

SOUPS

French Onion Soup (D) (G) 58|580 Upoints
Gruyere Croutons

Spicy Lentil and Kale Soup (G) (V) 63|630 Upoints
Shaved Parmesan

SANDWICHES

Smoked Pulled Beef Sandwich (D) (G) 94|940 Upoints
8 hours Smoked Short Ribs, BBQ Sauce, Caramelized Onions and Guacamole

Chicken Club (D) (E) (G) 89|890 Upoints
Layered Grilled Corn-Fed Chicken, Veal Bacon, Fried Egg, Avocado, Lettuce and Tomato

Tuna Salad Sandwich (D) (E) (G) (S) 78|780 Upoints
Confit Tuna, Shallots, Capers and Boiled Egg with Lemon Aioli and Avocado

Crispy Chicken BLT Wrap (D) (G) 84|840 Upoints
Corn-Fed Chicken, Sriracha Mayo

Open Face Steak Sandwich (D) (G) (N) 84|940 Upoints
Grilled Tenderloin, Garlic Mushrooms, Pesto

Burrata and Roasted Capsicum Sandwich (D) (G) (V) 84|840 Upoints
Tomato Aioli, Arugula, Ciabatta Bread

Harrisa Lamb Tacos (D) (G) (N) 89|890 Upoints
Asian Slaw, Pickled Cucumbers, Greek Yogurt, Crispy Carrots



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Chicken Shawarma (D) (G) Tahina Sauce, Lettuce, Tomato and Onion served with Garlic Mayo and Arabic Pickles	84 840 Upoints
Montys Cheese Burger (D) (G) 200gms Beef Patty, Melted Cheddar, Veal Bacon, Tomato Compote and Herbs Truffle Aioli served with Coleslaw	94 900 Upoints
South of the Border Burger (E) (G) 200gms Beef Patty topped with Beef Chili, Avocado, Fried Egg and Monterey Jack Cheese	90 940 Upoints

All Sandwiches and Burgers are Accompanied with Crisp Seasoned French Fries or Side Salad

MAIN COURSES

Braised Short Rib Pot Pie (A) (G) Mushroom, Carrots, Peas, Red Wine Reduction, Flaky Pastry	89 890 Upoints
Pan Roasted Sea Bass (D) (SF) Crushed Potato, Bacon, Crab and Arugula Warm Salad with Leek Reduction	131 1310 Upoints
Quinoa Crusted Chicken Schnitzel (D) (G) Goat Cheese Smashed Potatoes, Green Beans	89 890 Upoints
Herb Roasted Salmon (D) (G) (S) Pearl Barley, Cucumber and Beetroot with Dill Greek Yogurt and Roasted Cherry Tomatoes	126 1260 Upoints
Orecchiette Pasta with Caramelized Eggplant (D) (G) (V) Creamy Tomatoes and Burrata	84 840 Upoints
Pappardelle with Smoked Brisket Ragù (D) (G) (N) Roasted Pine Nuts and Ricotta	89 890 Upoints
250gms Rib Eye Steak (A) (D) (G)	167 1670 Upoints

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Ocean Beef, Cream of Corn, Grilled Asparagus and Red Demi-Glace	
Steak and Eggs (D) 200gms Ocean Beef Tenderloin, Potato Roti, Sautéed Mushroom, Natural Reduction topped with Organic Fried Egg	188 1880 Upoints
Bibimbap Beef (D) (G) Korean Style Mixed Rice, Sautéed Spinach, Beans Sprout, Pickled Carrots, Sautéed Minced Beef, Shiitake and Chili Paste topped with Fried Egg	84 840 Upoints
Traditional Fish and Chips (A) (D) (G) (S) Lightly Beer Battered Cod Fish, Mushy Peas, Tartar Sauce	126 1260 Upoints
Chinese Wonton Soup (D) (G) Chicken Wonton, Bok Choy, Scallions and Egg Noodles served with Sriracha Sauce	84 840 Upoints
Butter Chicken (D) (G) Indian Spiced Chicken Tikka in Rich Tomato Butter Gravy served with Steamed Rice, Paratha, Papadum and Raita	95 950 Upoints
 MEXICAN SIZZLING PLATTER (D) (G) (S) Served with Guacamole, Salsa, Sour Cream and Warm Flour Tortilla	
Vegetarian	63 630 Upoints
Chicken	90 900 Upoints
Beef	95 950 Upoints
Prawns (SF)	105 1050 Upoints
Lobster (SF)	115 1150 Upoints
Mixed Platter	126 1260 Upoints
 Penne or Spaghetti (D) (G) Choose Your Favourite Sauce	78 780 Upoints

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Bolognaise Sauce, Carbonara with Turkey Bacon and Parmesan or Tomato and Basil Sauce

SIDE DISHES

Mixed Garden Salad	27 270 Upoints
French Fries	27 270 Upoints
Shallot Butter Seasonal Vegetables	32 320 Upoints
Mashed Potatoes	27 270 Upoints
Sautéed Wild Mushrooms	27 270 Upoints
Roasted Tomatoes	27 270 Upoints

DESSERTS

Mexican Churros (D) (G) (N) Hazelnut Chocolate	47 470 Upoints
Roasted Banana Crème Brûlée (D) (G) Vanilla Ice Cream	47 470 Upoints
Molten Chocolate Cake (D) (G) Raspberry Coulis and Double Cream	47 470 Upoints

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Caramel Apple Pie (D) (G)
Vanilla Ice Cream

47|470 Upoints

Seasonal Sliced Fruits (V)

47|470 Upoints

ICE CREAM & SORBETS

Choose Your Favorite

17 *per scoop* | 170 Upoints

Mango, Vanilla, Chocolate, Strawberry, Lemon Sorbet

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