

The Spa
LONGEVITY

AT
ADDRESS

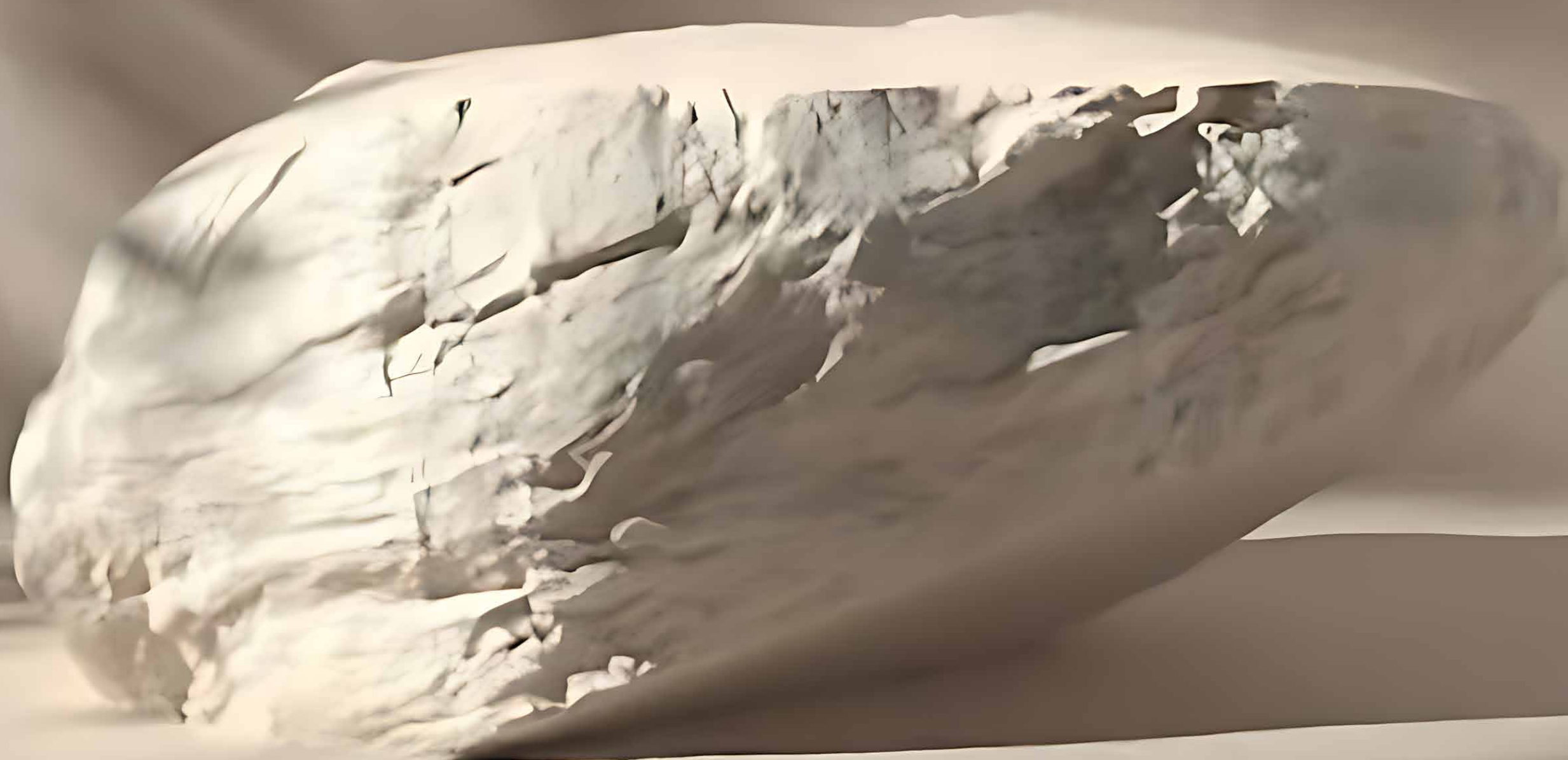
BODY



MIND



SOUL



THE SPA LONGEVITY MENU

ADDRESS DOWNTOWN

At Address Downtown Spa Longevity, each journey is a meticulously curated path, anchored in science, inspired by the wisdom of the world's longest-living communities, and enhanced by cutting-edge wellness innovation. Drawing from integrative diagnostics, restorative rituals, and sensory technologies, our high-tech meets high-touch approach is designed to recalibrate the body, reawaken the senses, and elevate well-being on a cellular level.

Welcome to a sanctuary where every protocol is designed to optimise your physical potential, mental clarity, and emotional resilience. A place where longevity becomes a lifestyle.

LONGEVITY JOURNEYS

RESET & RECHARGE DETOX PROGRAM

180 Minutes | ₪ 1,980

For lymphatic drainage, organ detox, and immune system renewal

A deeply cleansing journey designed to awaken the body's natural detox pathways, support organ function, and boost immune resilience. This transformative experience begins with Body Composition Diagnostics, offering a detailed picture of your baseline wellness. It continues with Thermal Contrast Dry Floating, where soothing warmth and weightless suspension calm the nervous system and prime the body for detoxification.

Lymphatic Vacuum Therapy enhances fluid circulation and supports the elimination of toxins, paving the way for the Deep Detox & Rebalance Ritual, a targeted treatment that combines specialised drainage techniques with precise pressure work to revitalise the liver, kidneys, and digestive system. The experience concludes with a Plasma Light Facial Therapy (red or blue), which rebalances the skin's microbiota and reduces oxidative stress, leaving the complexion refreshed and renewed.

Includes:

- Body Composition Diagnostics
- Thermal Contrast Dry Floating (15 minutes)
- Lymphatic Vacuum Therapy (30 minutes)
- Deep Detox & Rebalance Ritual (90 minutes)
- Plasma Light Facial Therapy (30 minutes)
- Longevity Elixir Shot: Ginger Detox Blend

CIRCADIAN RHYTHM RESET SLEEP PROGRAM

135 Minutes | ₪ 1,850

For jet lag, insomnia, and nervous system recalibration

A restorative experience designed to recalibrate the nervous system, promote deep rest, and bring the body back into natural rhythm. Perfect for travellers, shift workers, and those recovering from burnout, this ritual soothes accumulated fatigue and restores circadian balance.

Your journey begins with an Assisted Stretching Session, gently releasing tension and preparing the body for relaxation. Mental Fitness Sound Therapy follows, activating the parasympathetic system to quiet the mind and guide you into a state of deep calm. A Himalayan Salt Stone Massage infuses the skin with trace minerals, easing muscular tension and supporting overall vitality. The experience concludes with a soothing Calm Elixir, a herbal infusion designed to alkalise the system and support cellular hydration.

Includes:

- Assisted Stretching Session (15 minutes)
- Mental Fitness Sound Therapy (30 minutes)
- Himalayan Salt Stone Massage (90 minutes)
- Calm Elixir (Herbal infusion)

PERFORMANCE & POWER
LONGEVITY JOURNEY

150 Minutes | ₪ 1,900

For athletes, executives, and active lifestyle guests

A high-performance optimisation experience designed for athletes, executives, and those with active lifestyles. This results-driven ritual enhances energy, restores balance, and supports peak physical and mental performance.

Your journey begins with a Body Composition and Postural Screening, identifying biomechanical patterns and areas of imbalance. Thermal Contrast Dry Floating and Vacuum Therapy follow, activating muscular and circulatory function to prime the body for movement. A dynamic High-Intensity Interval Training session stimulates metabolic adaptation, while a targeted Deep Release Massage works deeply into fascia and neuromuscular pathways to dissolve tension and accelerate recovery. The experience concludes with a revitalising Power Fuel Drink, formulated to boost energy, sharpen focus, and sustain performance throughout the day.

Includes:

- Body Composition & Postural Screening
- Thermal Contrast Dry Floating & Vacuum Therapy combo (45 minutes)
- High-Intensity Interval Training (30 minutes)
- Deep Release Massage (60 minutes) – muscle and fascia recovery
- Power Fuel Drink

INNER BALANCE
STRESS MANAGEMENT PROGRAM

180 Minutes | ₪ 2,100

For skin regeneration, anti-ageing, and deep hydration

A transformative experience designed to rejuvenate the skin, reverse visible signs of ageing, and restore deep hydration while bringing the body back into balance. Rooted in neuroscience and somatic recovery, this ritual works from the inside out to dissolve accumulated stress and re-establish homeostasis.

The journey begins with Mental Fitness Sound Therapy, guiding the body into a restorative theta-wave state. The deeply therapeutic Vibra Healing® Massage follows, releasing tension and supporting the nervous system’s natural rhythm. A Natural Glow Facial then enhances dermal vitality, replenishes hydration, and balances the skin’s microbiome. The experience concludes with a calming Herbal Elixir, infused with adaptogenic botanicals known for their restorative and stress-relieving properties.

Includes:

- Mental Fitness Sound Therapy (30 minutes)
- Vibra Healing® Massage (90 minutes)
- Natural Glow Facial (60 minutes)
- Calm Elixir (Herbal infusion)

**SKIN GLOW & CELLULAR BEAUTY
REJUVENATION RITUAL**

195 Minutes | € 2,250

For radiant skin, anti-ageing and oxidative stress reduction

A luxurious beauty experience designed to restore youthful glow, counter oxidative stress, and enhance skin vitality from within. This transformative ritual begins with Skin Complexion Diagnostics, offering a tailored understanding of your skin’s unique needs.

A Mineral Radiance Body Polish gently exfoliates and mineralises, revealing a smoother, more luminous surface. The signature Alpine Glow Hydrafacial follows, deeply infusing antioxidants, hyaluronic acid, and peptides to plump, hydrate, and brighten the skin. The experience concludes with Plasma Light Therapy, targeting oxidative stress at a cellular level, and a revitalising Radiance Elixir, designed to nourish from within and elevate natural luminosity.

Includes:

- Skin Complexion Diagnostics
- Mineral Radiance Body Polish (60 minutes)
- The Alpine Glow Hydrafacial (90 minutes)
- Plasma Light Therapy (30 minutes)
- Radiance Elixir (Beauty Drink)



LONGEVITY PROGRAMS

NEUROCALM – STRESS RESET PROGRAM

2 Days | ₪ 1,850
3 Days | ₪ 2,800

A deeply restorative programme designed to soothe the nervous system, restore emotional harmony, and build lasting resilience against stress and fatigue. Drawing on neuroscientific principles and the healing power of energy therapies, this transformative journey supports mental clarity, hormonal balance, and improved sleep quality — guiding you towards a renewed sense of calm and inner connection.

Includes:

- Longevity Consultation & Skin Diagnostics
- Mental Fitness Sound Therapy (2/3 sessions)
- Vibra Healing® Massage (1/1 sessions)
- Himalayan Salt Stone Massage (0/1 sessions)
- Natural Glow Facial (1/1 sessions)
- Plasma Light Facial Therapy (2/3 sessions)
- Calm Elixir (Daily herbal infusion)

TOTAL LONGEVITY RESET PROGRAM

3 Days | ₪ 4,800
5 Days | ₪ 8,200

A transformative, science-led programme designed to revitalise the body from within. This complete reset targets cellular renewal, hormonal balance, detoxification, and performance recovery, harmonising inner biochemistry while reducing systemic inflammation. Through targeted rituals and functional nutrition, it supports radiant skin, restorative sleep, sustained energy, and emotional wellbeing — creating the foundation for long-term vitality.

Includes:

- Longevity Skin & Body Composition Diagnostics
- Thermal Contrast Dry Floating (2/3 sessions)
- Lymphatic Vacuum Therapy (3/5 sessions)
- Bio Synchronisation: Mental Fitness Sound Therapy + Plasma Light Therapy (2/3 sessions)
- Deep Detox Ritual or Himalayan Salt Massage (1/2 sessions)
- Personal Training & Assisted Stretch (2/3 sessions)
- Oxygen Radiance HydraFacial (1 session)
- Daily Longevity Tonics: Calm, Power or Youth

SKIN INTELLIGENCE PROGRAM

3 Days | ₪ 3,900
5 Days | ₪ 6,500

A curated skin and beauty journey that blends high-performance facials, advanced technology, and targeted antioxidant support to restore radiance, refine contours, and address early signs of ageing. This transformative programme enhances luminosity from within, revealing a revitalised complexion and renewed inner vibrance.

Includes:

- Longevity Skin & Body Composition Diagnostics
- Lymphatic Vacuum Therapy (3/5 sessions)
- The Alpine Glow HydraFacial (1 session)
- Plasma Light Therapy (2/3 sessions)
- Endosphères Body Therapy (2/3 sessions)
- Cellulite Smoother Therapy (1/2 sessions)
- Radiance Elixir (Daily Beauty Drink)



BIO SYNCHRONISING JOURNEYS

These bio-synchronising journeys recalibrate your circadian cycles, improve hormonal balance, and boost cognitive function, promoting resilience, recovery, and peak vitality through personalised, science-driven protocols.

THERMAL CONTRAST DRY FLOATING HEAT-COLD THERAPY FOR VITALITY

15 Minutes | ₪ 150
30 Minutes | ₪ 250
45 Minutes | ₪ 350

A scientifically advanced treatment designed to revitalise the body from within. Zestos uses precise cycles of heat and cold to stimulate microcirculation, enhance vascular elasticity, and reduce systemic inflammation. This targeted thermal therapy activates metabolism, accelerates recovery, and optimises physiological function — making it ideal for boosting performance, supporting detoxification, and promoting long-term vitality.

VACUUM THERAPY LYMPHATIC STIMULATION AND TISSUE DETOX

30 Minutes | ₪ 350

A non-invasive, results-driven treatment that stimulates the lymphatic system, enhances circulation, and promotes the natural elimination of metabolic waste. By supporting cellular detoxification, reducing fluid retention, and improving tissue oxygenation, Dynamic Vacuum Therapy helps accelerate recovery, strengthen immune function, and optimise overall wellbeing.

MENTAL FITNESS BRAINWAVE TUNING FOR COGNITIVE RENEWAL

30 Minutes | ₪ 350

A pioneering treatment that uses targeted light, sound, and vibration to guide the body into a deep meditative state, reducing stress and enhancing emotional balance. Satori promotes mental clarity, improved focus, and cognitive resilience, while supporting neuroplasticity for long-term brain health and optimal neurological function.

PLASMA LIGHT THERAPY GREEN, BLUE OR RED-LIGHT FACE THERAPY

30 Minutes | ₪ 350

A next-generation skin therapy that harnesses the power of cold atmospheric plasma to deeply purify, renew, and transform the complexion. This non-invasive treatment eliminates harmful bacteria, stimulates collagen production, and enhances skin regeneration — revealing a clearer, firmer, and more radiant appearance. Ideal for acne-prone, inflamed, or lacklustre skin, it delivers an instant glow while supporting long-term skin health, all without downtime.



TECHNOLOGY-INFUSED ADVANCED FACIALS

ENDOSPHERÈS FACE MICROVIBRATION FACIAL REJUVENATION

1 Sessions | ₪ 630
5 Sessions | ₪ 2,750
10 Sessions | ₪ 5,250

An advanced, non-invasive treatment that works beneath the skin’s surface to tone facial muscles, enhance lymphatic drainage, and improve skin elasticity. Compressive Microvibration Technology reduces puffiness, stimulates collagen production, and refines facial contours — revealing a smoother, firmer, and more radiant complexion with every session.

THE ALPINE GLOW HYDRAFACIAL SWISS CELLULAR GLOW & LIFT

90 Minutes | ₪ 1,600

A sophisticated fusion of Hydrafacial’s deep-cleansing technology and Valmont’s renowned cellular skincare expertise. This advanced treatment gently exfoliates, intensely hydrates, and deeply nourishes the skin while incorporating Valmont’s signature lifting massage. The result is a luminous, youthful glow, refined skin texture, and revitalised radiance.

OXYGEN RADIANCE HYDRAFACIAL REVITALISING GLOW WITH OXYGEN THERAPY

60 Minutes | ₪ 1,100

A revitalising facial that combines Hydrafacial’s advanced technology with Circadia’s Oxygen RX Therapy to deeply oxygenate the skin and stimulate cellular renewal. This targeted treatment calms inflammation, boosts circulation, and enhances collagen production, leaving the complexion visibly refined, revitalised, and instantly luminous.

PLATINUM HYDRAFACIAL THE ULTIMATE DETOX & RADIANCE PROTOCOL

90 Minutes | ₪ 1,300

A multi-phase rejuvenating treatment that begins with lymphatic drainage to detoxify and prepare the skin, followed by deep cleansing and intense hydration enhanced with a personalised booster. The experience concludes with LED light therapy to calm the skin, stimulate collagen production, and reveal a renewed, visibly firmer, and radiant complexion.

DELUXE HYDRAFACIAL ADVANCED SKIN RENEWAL & HYDRATION

60 Minutes | ₪ 990

A clinical-grade facial designed to deeply cleanse, exfoliate, and treat the skin with precision. Customised serums address specific concerns — from pigmentation and signs of ageing to congestion — while LED light therapy restores balance, enhances clarity, and leaves the complexion radiant and revitalised.

PERK EYE SERVICE HYDRATING & LIFTING EYE TREATMENT

10 Minutes | ₪ 300

A revitalising add-on treatment that uses deeply hydrating serums and gentle vacuum suction to reduce puffiness and soften signs of fatigue. The delicate eye area is left visibly refreshed, illuminated, and rejuvenated with a renewed, youthful radiance.

PERK LIP SERVICE SMOOTHING & PLUMPING LIP THERAPY

10 Minutes | ₪ 300

A targeted lip treatment that gently exfoliates and deeply hydrates using a specialised serum, leaving lips nourished, plumped, and visibly smoother with softened fine lines. The perfect finishing touch to elevate any facial experience.



BEAUTY INSIDE OUT

L’ELIXIR DES GLACIERS
MASTERPIECE TREATMENT
HAUTE COUTURE FACIAL FOR SUPREME LIFT & RADIANCE

90 Minutes | ₪ 1,850

An indulgent facial ritual that combines deep tissue lifting techniques, including Kobido massage, with dual collagen mask therapy to deliver intense hydration, sculpting, and firming for the face and décolleté. The result is a visibly lifted, redefined, and radiant complexion — an ultimate expression of luminous transformation.

VITALITY OF THE GLACIERS – ENERGISING RITUAL
ENERGY-INFUSED CELLULAR REJUVENATION

45 Minutes | ₪ 900
60 Minutes | ₪ 1,200
75 Minutes | ₪ 1,500

A revitalising facial designed to combat dullness, fatigue, and the first signs of ageing. This targeted ritual reactivates cellular energy and boosts skin vitality, revealing a brighter, firmer, and more energised complexion.

PURITY OF THE ALPS – CLEANSING RITUAL
CLARIFYING RITUAL FOR URBAN SKIN DETOX

45 Minutes | ₪ 750

An intensive purifying treatment ideal for congested or pollution-exposed skin. This detoxifying ritual combines precise exfoliation with a mineral-rich mask to draw out impurities, restore balance, and refine skin texture for a clearer, more revitalised complexion.

SIGNATURE THERMAL FACIAL
THERMAL INFUSION FOR DEEP SKIN REJUVENATION

90 Minutes | ₪ 990

A deeply restorative treatment that uses Sodashi’s Thermal Infusing Mask to deliver a potent blend of botanical vitamins and minerals deep into the skin. This nourishing facial enhances hydration, improves tone, and restores firmness, leaving the complexion radiant, revitalised, and beautifully balanced.

FIRMING PEPTIDE LUXE LIFT
CELLULAR LIFTING WITH ADVANCED PEPTIDES

90 Minutes | ₪ 990

A powerful anti-ageing treatment that stimulates collagen and elastin production at the cellular level. This targeted facial visibly lifts, firms, and rejuvenates the skin — revealing a smoother, more youthful complexion after just one session.

NATURAL GLOW FACIAL
BOTANICAL RADIANCE RITUAL

60 Minutes | ₪ 750

A nourishing treatment powered by Sodashi’s nutrient-rich, plant-based actives to stimulate circulation, reduce inflammation, and restore the skin’s natural balance. The result is a luminous, revitalised complexion with a healthy, radiant glow.

GENTLEMEN’S COOLING FACIAL
REVITALISING MALE SKIN RITUAL

60 Minutes | ₪ 750

A results-driven treatment tailored specifically to men’s skin needs. This targeted facial reduces congestion, balances oil production, and rejuvenates the complexion with powerful peptides and advanced exfoliants, leaving the skin refreshed, clarified, and revitalised.



BODY RITUALS & SHAPE THERAPIES

ENDOSPHERES BODY
NON-INVASIVE BODY SCULPTING
& CELLULITE REDUCTION

1 Sessions | ₪ 630
5 Sessions | ₪ 2,750
10 Sessions | ₪ 5,250

A cutting-edge treatment that harnesses patented compressive microvibration technology to reshape the silhouette, reduce cellulite, and firm the skin. Through targeted mechanical stimulation of underlying tissues, this therapy enhances lymphatic drainage, improves circulation, and refines body contours for a smoother, more sculpted appearance.

ANTI-AGE VITALITY OF THE BODY
EXFOLIATING & RESTORATIVE BODY REJUVENATION

90 Minutes | ₪ 1,450

A luxurious multisensory treatment that revitalises the body through refined exfoliation and deeply nourishing elixirs. This rejuvenating experience boosts skin brightness, enhances vitality, and leaves the body visibly refreshed, radiant, and glowing with renewed energy.

HYDRAFACIAL KERAVIVE
SCALP DETOXIFICATION & HAIR VITALITY BOOST

Half Scalp | ₪ 1,800
Full Scalp | ₪ 2,100

A transformative three-phase treatment that exfoliates, nourishes, and stimulates the scalp using advanced growth-factor peptides. This targeted therapy promotes healthier hair growth, improves scalp condition, and restores vitality to both hair and scalp.

DEEP DETOX & REBALANCE RITUAL
MINERAL-INFUSED BODY CLEANSE & RENEWAL

90 Minutes | ₪ 1,250

A deeply purifying treatment featuring rare Mollagara Mud to detoxify the body, stimulate circulation, and replenish essential minerals. Through the combined power of heat and mineral absorption, this therapeutic ritual restores balance, revitalises the skin, and promotes a profound sense of renewal.

RESTORATIVE BODY HEALING CLAY RITUAL
CLAY-ENRICHED CELLULAR RESET

90 Minutes | ₪ 1,250

A restorative full-body immersion in mineral-rich healing clay that relieves tension, stimulates energy flow, and revitalises the skin. Rooted in ancient detoxification traditions, this therapeutic treatment deeply nourishes, balances, and renews the body from within.

ODU RENEWAL THERAPY
HOLISTIC FACE & BODY RESET WITH OUD

90 Minutes | ₪ 1,450

An all-encompassing treatment that combines aromatic healing with somatic release to promote deep detoxification, emotional clarity, and radiant skin. This holistic experience nurtures both body and mind through comprehensive full-body and facial care, leaving you balanced, revitalised, and restored.

CELLULITE SMOOTHER
TRIPLE-ACTION CONTOURING THERAPY

60 Minutes | ₪ 850

A results-driven body treatment that combines dry brushing, sculpting massage, and a revitalising cryo finish to reduce the appearance of cellulite, enhance skin tone, and refine texture. The result is a smoother, firmer, and more sculpted silhouette.

BODY BALANCE SALT GLOW
MINERAL SALT DETOX & SKIN POLISHING

60 Minutes | ₪ 750

A rejuvenating exfoliation ritual powered by Himalayan salt to energise the body, re-mineralise the skin, and restore vitality. Ideal post-travel or whenever circulation needs a boost, this treatment leaves the skin silky-smooth, refreshed, and deeply renewed.

VANILLA BODY BLISS
SANDALWOOD & VANILLA NOURISHING EXFOLIATION

60 Minutes | ₪ 750

A gentle yet deeply nourishing exfoliation ritual that blends warm botanical oils with a fragrant Vanilla-Sandalwood polish, leaving the skin irresistibly soft and radiant. The experience is completed with a luxurious body butter finish for supple, glowing skin and lasting hydration.



REVIVE: THE HAMMAM EXPERIENCE

HAMMAM AL NOUR
A BESPOKE JOURNEY OF PURIFICATION AND RESTORATION

120 Minutes | ~~€~~ 1,200

An immersive, personalised journey that blends ancient cleansing traditions with modern wellness techniques. The experience begins with a traditional steam session and deep exfoliation using black soap and a Kessa glove, purifying the skin and awakening the senses. A nourishing body and hair treatment follows, enriched with restorative botanicals to deeply hydrate and revitalise. The ritual concludes with a tailored massage to release tension, restore energetic balance, and elevate inner harmony — a complete renewal for body and soul.

BERBER ANCESTRAL HAMMAM
THE ESSENCE OF RITUAL, ROOTED IN TIME

90 Minutes | ~~€~~ 950

Step into a world of timeless Moroccan tradition with this purifying, sensory ritual. The journey begins with the application of traditional black soap, followed by an invigorating Kessa glove exfoliation and nourishing honey scrub to deeply cleanse and revitalise the skin. A mint-infused Rasoul clay facial and hair cleanse complete the experience, awakening the senses and restoring the body's natural rhythm through ancient apothecary wisdom.

LUMINOUS DETOX HAMMAM
A CITRUS-INFUSED CLEANSING RITUAL TO AWAKEN BODY AND MIND

60 Minutes | ~~€~~ 750

Revitalise your body and mind with this uplifting hammam ritual infused with bright citrus botanicals. A gentle yet deeply effective cleansing technique stimulates detoxification, boosts circulation, and renews mental and physical clarity — leaving you refreshed, invigorated, and glowing with vitality.



MASSAGES OF DISTINCTION

VIBRA HEALING® MASSAGE
HARMONIC SOUND THERAPY MEETS
SOOTHING TOUCH

90 Minutes | ₪ 950
120 Minutes | ₪ 1,200

Experience the harmonious fusion of ancient sound therapy and modern bodywork in this deeply restorative ritual. Tibetan singing bowls create profound vibrational resonance to realign chakras, calm the mind, and promote energetic balance. A flowing aroma oil massage follows, releasing emotional and muscular tension. The result is a deeply immersive experience that restores inner peace, enhances sleep quality, and supports overall mental well-being.

HIMALAYAN SALT
STONE MASSAGE
DEEP RELEASE AND MINERAL RENEWAL

60 Minutes | ₪ 750
90 Minutes | ₪ 950
120 Minutes | ₪ 1,200

Melt into a state of deep relaxation as heated Himalayan salt stones glide over the body, releasing deep-seated tension and replenishing the skin with essential trace minerals. Ideal for recovery and renewal, this restorative ritual balances energy, soothes the senses, and promotes lasting wellbeing.

BESPOKE RITUAL MASSAGE
A PERSONALISED MESSAGE CRAFTED FOR YOU

60 Minutes | ₪ 750
90 Minutes | ₪ 950
120 Minutes | ₪ 1,200

A deeply personalised massage experience tailored to your individual needs — whether for relaxation, recovery, or energetic balance. Each movement is intuitively guided to reconnect body and mind, creating a sacred space of healing, presence, and renewal.

DEEP RELAX & RELEASE MASSAGE
DEEP TISSUE RESTORATION FOR RESILIENCE AND RELIEF

90 Minutes | ₪ 950

A powerful, targeted treatment designed to release chronic muscle tightness, relieve stress, and correct postural tension. Infused with healing herbal oils, this restorative massage enhances flexibility, improves mobility, and leaves the body grounded, rebalanced, and renewed.

BALINESE DREAMS MASSAGE
AROMATIC BLISS FOR TOTAL HARMONY

60 Minutes | ₪ 750
90 Minutes | ₪ 950

Experience the serenity of Bali through flowing rhythmic strokes and gentle palm pressure, enhanced by soothing aromatic oils. This deeply relaxing ritual calms the nervous system, harmonises energy flow, and invites a meditative state of inner peace and profound renewal.

MOMS TO BE MASSAGE
SERENE SUPPORT DURING MOTHERHOOD

60 Minutes | ₪ 750

A tender, restorative massage experience created especially for expecting mothers. Using gentle, supportive techniques, this soothing ritual alleviates swelling, tension, and fatigue while providing emotional comfort and calm — a safe, nurturing experience for both mother and baby.

FOOT & LEG REVIVAL RITUAL
REVITALISING REFLEXOLOGY AND LEG THERAPY

45 Minutes | ₪ 450

Refresh and rejuvenate tired legs and feet with this targeted treatment combining reflexology, lymphatic stimulation, and muscle release. Ideal for travel recovery or circulation support, it restores balance, boosts vitality, and leaves you feeling lighter and re-energised from the ground up.



THE SPA ETIQUETTE

SCHEDULING AN APPOINTMENT

Contact our Spa Longevity Reception for guidance in booking the right treatment for you. To ensure your preferred time, we recommend booking in advance.

WHEN TO ARRIVE

Kindly arrive at least 30 minutes before your appointment to enjoy the serenity of The Spa Longevity. Please be advised that late arrivals may result in a reduction of your treatment time.

OPENING HOURS

Open daily from 10am to 10pm. Services and facilities are for the use of guests 16 years of age and above.

DIGITAL DETOX

Please respect all spa guests' right to privacy and serenity. The Spa Longevity is a mobile and smoke-free zone. Please ensure mobile phones are switched off or on silent mode.

HEALTH CONDITION

When making your spa reservation, kindly advise us of any health conditions, allergies or injuries which could affect your service.

PREGNANCY

We have exclusively-designed treatments for expectant and nursing mothers. Please allow our team to help you select the treatments most suitable for you during this particular time.

GIFT CERTIFICATES

Gift certificates are an ideal present for that special someone and are available for all treatments. Gift certificates are non-refundable and must be presented at the time of treatment or purchase.

PERSONAL VALUABLES

Lockers are provided for your personal items; however, we do not recommend that you wear jewellery during your visit to The Spa Longevity. If you are a hotel guest, we advise you to store all personal valuables in the safety deposit box located in your room.

CANCELLATION POLICY

Please notify The Spa Longevity a minimum of 12 hours in advance, should you need to cancel or reschedule to avoid a 100% charge for the service. Booking must be secured with a credit card.

All prices are quoted in UAE Dirhams and include a 10% service charge, 7% municipality fee and 5% VAT.



CONTACT US

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WHERE *Life* HAPPENS